

Rehabilitation Success!!!

We are pleased to share another wonderful rehab success story from:

Chestnut Hill

Nursing and Rehabilitation Center

Name: Mr. Gary Y.

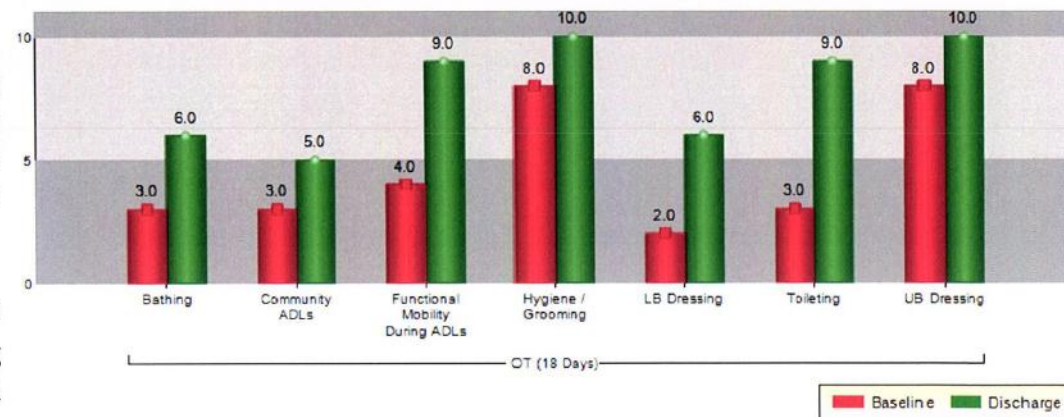
Admitting Diagnosis: s/p elective posterior THR after removing fixation hardware

Admission Date: 03/06/2019

Discharge Date: 03/25/2019

Discharge Location: Private Residence

Functional Outcome Measures



Success Story: Prior to admission to Chestnut Hill Nursing and Rehabilitation Center, Mr. Y resided in a room at YWCA facility with elevator access or 2 stair case access to a 2nd floor room with there being 11 steps or ramp to enter/exit lobby out to the street.

Mr. Y was referred to OT/PT for subacute rehab on 3/6/2019 due to undergoing elective posterior THR after removing fixation hardware from 8/14/18 fracture last year. Upon Rehab evaluation to SAR, Mr. Y was able to ambulate using RW up to 10 feet minimal assist WBAT L LE with complains of L hip pain and unsteady gait. He was able to transfer from bed to wheelchair with minimal assists with 100% verbal cues to follow hip precaution. Mr. Y needs moderate assists with toileting, hygiene, maximum assists with lower body dressing, supervision with upper body dressing.

Mr. Y received PT/OT services 5x/week and was discharge back to his home on 3/25/2019. Mr. Y was ambulatory with Rollator x 140 feet x SBA with good balance and no complains of pain to L hip, stair climbing x 8 steps x 2 rounds with SBA, transfers with SBA, upper body dressing I, lower body dressing SBA, toileting and hygiene x I. Mr. Y is going home and recommended to received home care services to further improve his functional mobility in the community. Good luck Mr. Y!

Chestnut Hill offers a comprehensive rehabilitation program and services, and optimum patient care to achieve the highest functional mobility, independence and quality of life for the patients we serve. Our Rehabilitation Team includes the physician, rehabilitation nurse, physical therapist, occupational therapist, speech therapist, social worker, case manager, recreational therapist, psychologist and dietician who work together to develop an individualized treatment program for each patient to restore functional mobility, improve balance, endurance and physical strength. In addition, the interdisciplinary team assists families and patients to successfully transition to life at home and in the community.

FUNCTIONAL OUTCOME MEASURES

Independent	10.0	Contact Guard Assistance	5.0
Modified Independent	9.0	Minimal Assistance	4.0
Set Up	8.0	Moderate Assistance	3.0
Supervision	7.0	Maximum Assistance	2.0
Stand By Assistance	6.0	Total Dependence Plus	1.0
		Total Dependence	0.0